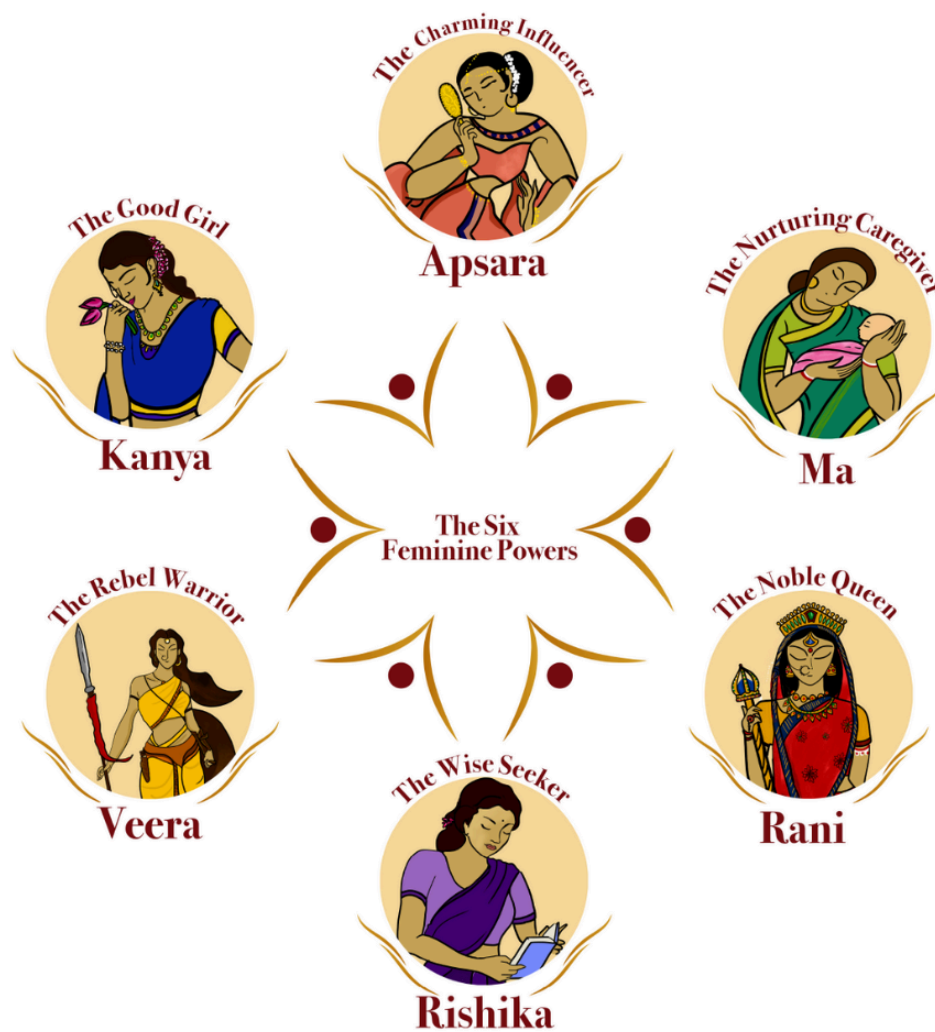




Tips to Use the Six Feminine Powers for Problem-Solving & Decision-Making

Problem-solving and decision-making are at the heart of effective leadership. Every challenge requires us to assess information, consider perspectives, weigh risks, make choices, and act with confidence. Yet for many women, the challenge is not a lack of capability—it can be the expectations, biases, and self-doubt that influence how confidently they approach decisions.

[Research](#) shows that women remain underrepresented in positions where major organisational decisions are made: globally, women hold only 3 in 10 managerial positions, 27% of board seats, and 6% of CEO roles. Research also finds that women can experience less influence in organisational-level decision-making, even when their influence at the workplace level is comparable to men's. ([PubMed Central \(PMC\)](#))

The result? Women may have the skills and expertise to solve complex problems, but barriers such as unconscious bias, expectations around women's behaviour, fear of getting it wrong, and pressure to consider everyone's needs can affect how they make and own decisions. A [study](#) "*Challenges Experienced by Women Leaders and how these Affect their Decision Making in Organisations*" found that unconscious bias, lack of recognition, discrimination, societal expectations, and lack of mentorship can influence women's decision-making approaches.

But there is no single "right" way to problem-solve or make decisions. Some approach challenges through structure and pragmatism, others through intuition and creativity, courage and action, empathy and relationships, curiosity and analysis, or values and responsibility. The Six Feminine Powers help you understand your natural problem-solving and decision-making strengths while recognising the pitfalls that can limit them. Whether you bring structure like Rani, nurture people like Ma, challenge the status quo like Veera, explore possibilities like Apsara, seek insight like Rishika, or make values-led choices like Kanya, every power brings a valuable perspective to the table.

The most effective problem-solvers and decision-makers don't rely on just one power, they flex between them depending on the problem, the stakes, and the situation.

How to Use the Six Powers for Problem-Solving & Decision-Making

1. Awareness

Recognize your natural approach to solving problems and making decisions. Which of your Six Powers, Veera, Ma, Apsara, Kanya, Rani, or Rishika—shows up most often? Understand the pitfalls of your style and how they may influence your choices.

2. Alignment

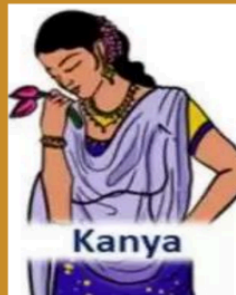
Consider the context. Does the situation call for courage, empathy, creativity, structure, curiosity, or values-based thinking? Identify which power best serves the problem and the decision at hand.

3. Action

Consciously activate the power you need. Step beyond your default approach, challenge your assumptions, seek diverse perspectives, and make decisions with greater clarity and confidence.

Use the Six Powers to with Intention

Every power offers a unique lens for understanding problems, evaluating choices, and taking action. By recognising your natural strengths and the pitfalls that accompany them, you can become a more agile problem-solver, confident decision-maker, and effective leader.



The Good Girl

Problem-Solving & Decision Making	• Kanya approaches problems with optimism, integrity, and a willingness to cooperate. • She is likely to consider how her decision will affect others and whether it aligns with accepted norms and expectations.
Pitfalls	• May give too much weight to others' opinions. • Can struggle to make a choice that disappoints people. • May choose what is expected over what she truly wants.



The Charming Influencer

Problem-Solving & Decision Making	• Apsara is likely to generate imaginative solutions and see possibilities that others may overlook. • She may be guided by instinct, excitement, and the emotional appeal of an opportunity.
Pitfalls	• May be drawn to what feels exciting in the moment. • Can overlook practical details while focusing on possibilities. • Strong emotions may sometimes influence the final decision.



The Rebel Warrior

Problem-Solving & Decision Making	• Veera moves quickly, takes charge, and is willing to take risks to find a solution. • She is decisive and confident, often preferring action over prolonged deliberation.
Pitfalls	• May rush into a decision before considering every perspective. • Can overlook useful input when focused on taking charge. • May see asking for help or taking time as unnecessary.



The Noble Queen

Problem-Solving & Decision Making	• Rani creates order from complexity by breaking problems into manageable parts and developing practical solutions. • She carefully considers resources, risks, processes, and long-term consequences before making a choice.
Pitfalls	• May wait until every detail is in place. • Can spend too much time searching for the "perfect" solution. • Uncertainty and unexpected changes may make decision-making difficult.



The Nurturing Caregiver

Problem-Solving & Decision Making	• Ma looks for solutions that support people and preserve relationships, often bringing empathy and understanding into the process. • She considers how different choices will affect others and is likely to prioritise their needs and comfort.
Pitfalls	• May put everyone else's needs ahead of her own. • Can avoid decisions that may upset or disappoint others. • May take excessive responsibility for how others feel.



The Wise Seeker

Problem-Solving & Decision Making	• Rishika asks questions, gathers information, connects the dots, and looks beyond surface-level solutions. • She prefers to understand the why and how before making an informed and thoughtful choice.
Pitfalls	• May continue gathering information instead of deciding. • Can overanalyse possibilities and potential risks. • May rely too heavily on her own thinking instead of seeking different perspectives.